First Responder Training for Providers: Trauma Informed Care

MINES & ASSOCIATES
A National Business Psychology Firm

First Responder Training for Providers: Trauma Informed Treatment

Introductions

- Patrick Hiester MA,LPC
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- Dr. Chuck Allen PhD
  - MINES & Associates Partner
- Michael Grabill MEd, LPC, LAC
  - MINES & Associates Affiliate Provider

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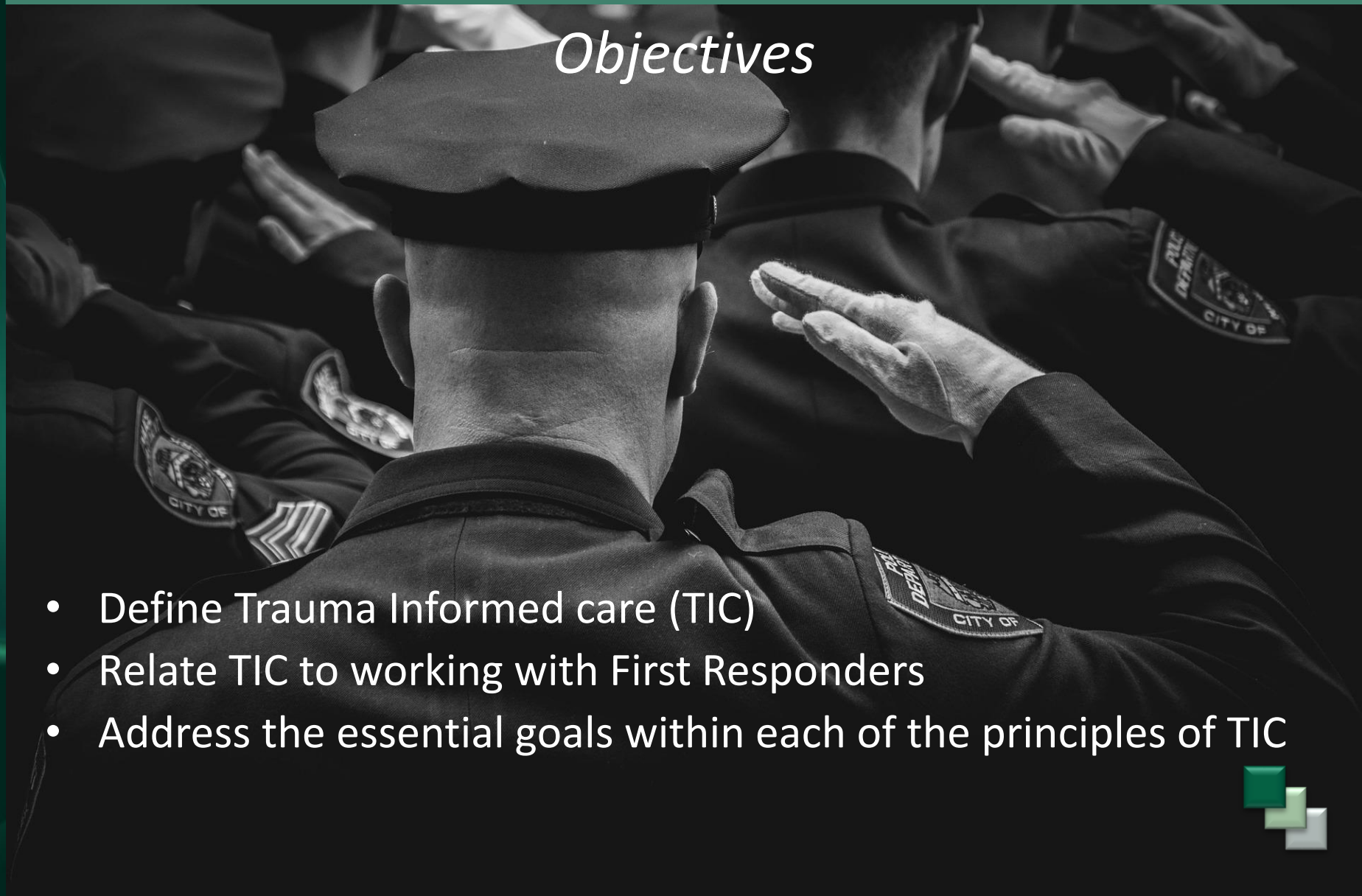

Objectives

- Define Trauma Informed care (TIC)
- Relate TIC to working with First Responders
- Address the essential goals within each of the principles of TIC

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Definitions

What is Trauma Informed Care?

Behavioral health services that incorporate:

- An appreciation for the high prevalence of traumatic experiences in persons who receive mental health services.
- A thorough understanding of the profound neurological, biological, psychological, and social effects of trauma and violence on the individual. (Jennings, 2004)
- We need to presume the clients we serve have a history of traumatic stress and exercise “universal precautions” by creating systems of care that are trauma informed. (Hodas, 2005)

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Definitions

Trauma-Informed Care understands and considers the pervasive nature of trauma and promotes environments of healing and recovery rather than practices and services that may inadvertently re-traumatize.

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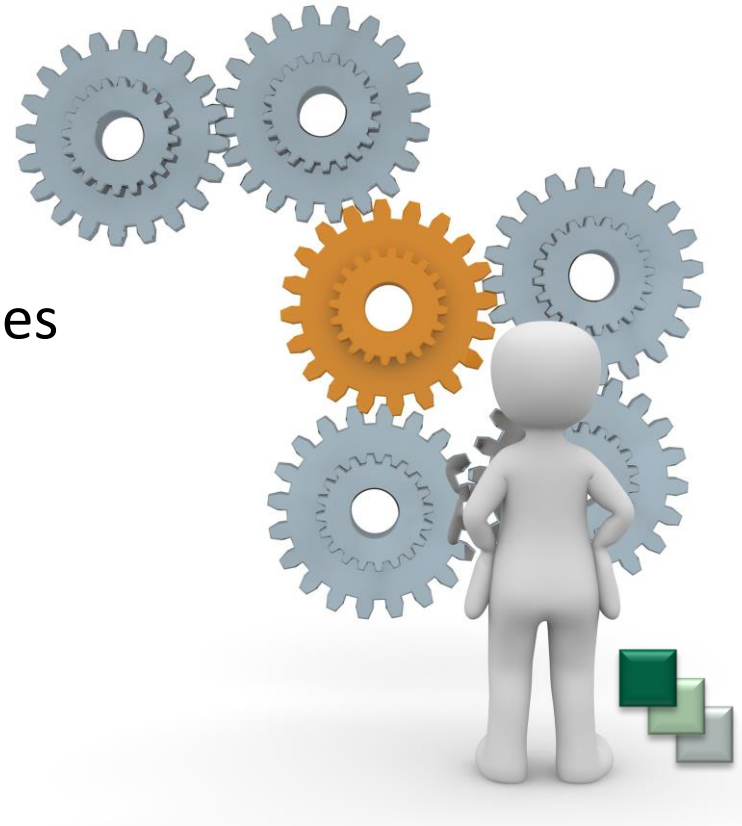
Six Guiding Principals of TIC

1. Safety
2. Trustworthiness and Transparency
3. Peer Support and Mutual Self Help
4. Collaboration and Mutuality
5. Empowerment, Voice and Choice
6. Cultural, Historical and Gender Issues

CDC and SAMHSA



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Safety

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Trustworthiness and Transparency

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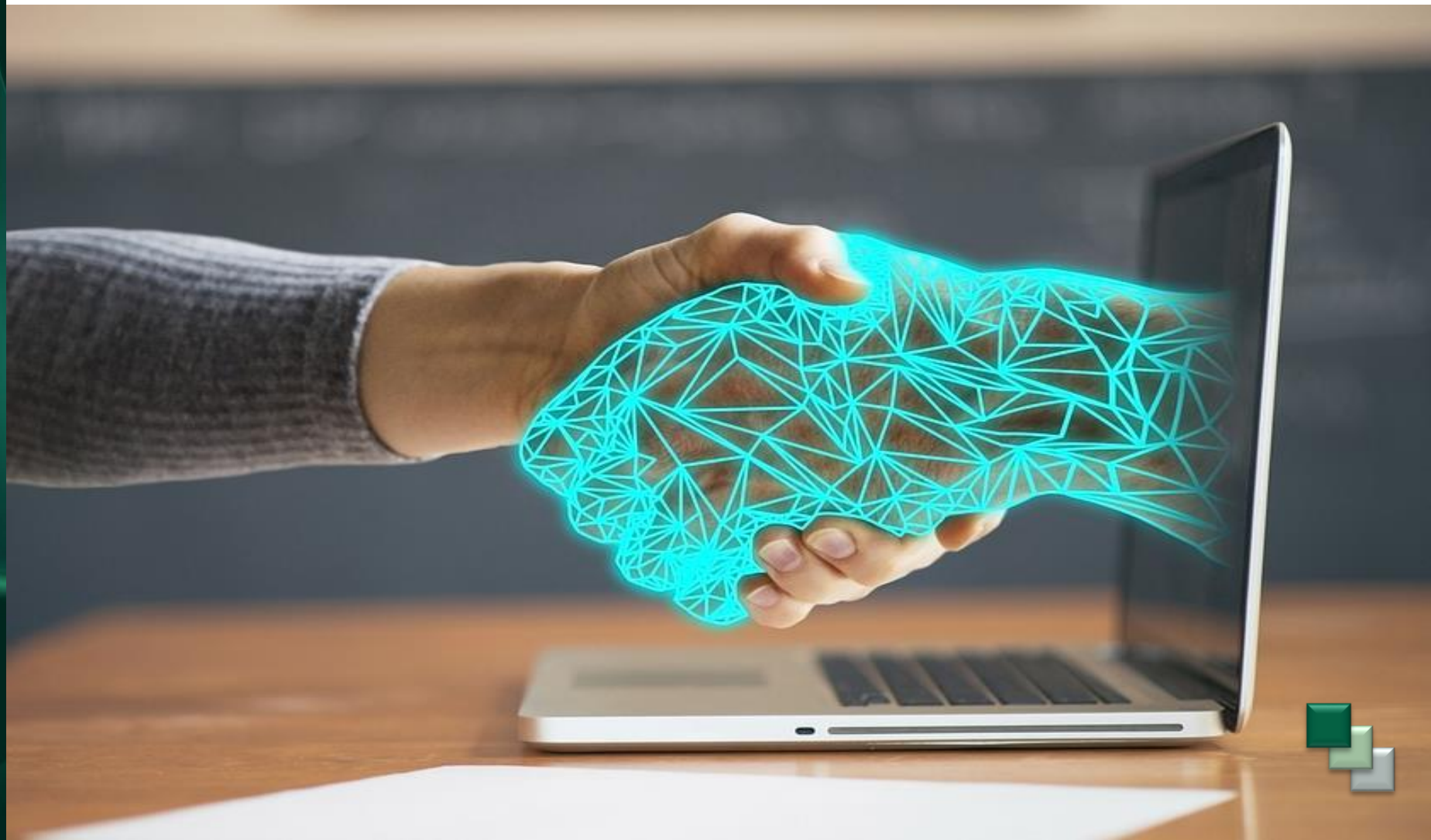
Peer Support and Mutual Self Help



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Collaboration and Mutuality

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Empowerment, Voice, and Choice

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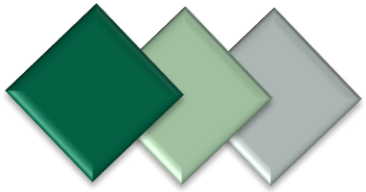
Cultural, Historical and Gender Issues

Questions or Comments?

Contact providerinfo@minesandassociates.com for more information, comments, questions, or requests for resources mentioned in this presentation.

THANK YOU!!!



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